

FRONTLINE **dance**

PERFORMANCE. HEALTH. COMMUNITY.

2026 - 2028
Touring
Programme



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about

FRONTLINEdance's 2026 - 2028 Touring Programme brings together **four** distinctive strands of work:

- *Holding On*
- *Here, With You*
- *What? Me, Worry?*
- *The Explorers in Training!*

These strands offer a flexible suite of **performances** and **engagement opportunities** that sit comfortably across festivals, hospitals, hospices, theatres, conferences, libraries, museums, schools, universities, conservatoires, churches, chapels, cathedrals and a wide range of community settings.

The programme includes **live** and **filmed performances, short films, workshops, talks, discussions** and **participatory experiences** for people of all ages and interests - creating unique opportunities for audiences and participants to connect through **shared creative experiences**.

Each strand brings its own artistic world, tone and approach to engagement - while rooted in FRONTLINEdance's lived and professional experience of **accessible, inclusive and high-quality contemporary dance**.

Strands can be booked individually, or combined to create **bespoke programmes, residencies** and **community-focused activity** shaped around the needs of your audiences, spaces and priorities.



Holding On

Holding On is a live and digital performance programme co-created with, and performed by, those who have lived experience of cancer, grief, loss and bereavement.

With music by composer and multi-instrumentalist Greg Hall, and featuring an intergenerational, inclusive cast, Holding On powerfully weaves together connection, emotive dance and sound harmoniously.

Audience Feedback:

Beautiful | Breathtaking | Skilful | Emotional | Profound

Available Formats:

- Holding On (35-minute live show) with or without live music
- Choice of two short films screened independently or delivered as a package by FRONTLINEdance (5 mins and 10 mins)
- Residency - recreating the show with your own cast
- Creative Workshops: tailor-made to suit the requirements of the group. FRONTLINEdance specialise in facilitating for those new to dance, disabled, neurodivergent people and those with long-term health conditions of all ages - children to older people
- Pop-up solos, duets and trios tailor-made for a variety of events and spaces, including lighter-hearted re-created versions that don't take up much space for hospital wards/bays and hospices.

➔ **[Access the tour pack here.](#)**

"It was a very meaningful experience, thought-provoking and very well performed".





Here, with you

Here, with you is a dance performance for clinical and care settings - shaped by patient consultation responding to the question:

"How would you like to feel when watching a performance in hospital?"

This intimate, 20-minute duet blends contemporary dance, structured improvisation, beautiful music and gentle performer-patient interaction. It offers moments of calm, beauty and connection - inviting audiences to watch, imagine, move or simply be present.

Inspired by a poem exploring belonging, the dancers create movement that often transports audiences elsewhere. Patients frequently describe imagining butterflies, meadows, nature and places of peace, comfort and freedom. They've told us the work is:

"beautiful, calming, and performed by wonderful, talented dancers!"

In a hospital environment, moments of creativity can offer something different. This work transforms a clinical space changing the medical environment into a place that allows patients, visitors and staff to pause, breathe and share a new experience together.

It is a reminder that, even within healthcare settings, there is room for joy, calm, contentment, fulfilment, imagination, movement and connection.

We can also facilitate one-to-one and group activities for staff, visitors and patients.

What? Me, Worry?

What?Me,Worry? Can be a standalone film screening or a half/full day engagement led by a neurodivergent dance artist. What? Me, Worry? is created and performed by Kayleigh Price, and this offering draws on her lived experience of anxiety and neurodivergence. The work creates a compelling narrative using three art forms – film, dance and music – to take you on a journey through the lens of living with generalised anxiety disorder.

Collaborating with filmmaker Jay Gearing and composer Luke Marley, who are both neurodivergent, it explores feeling alone and paralysed by thoughts but also wanting to make others happy, bringing the audience into Kayleigh's experience. She hopes the work will help start important conversations about mental health and her reality of living with anxiety.

The film is available with Audio Description and BSL interpretation.

The film screening or engagement day can be tailored to your setting and may include a combination of: 'What? Me, Worry?' screendance film screening, artist talk and Q+A, contemporary dance class, choreography workshop, dance for camera workshop or facilitated discussion.

➔ **[Access the tour pack here.](#)**



[watch the trailer here](#)

The Explorers in Training!

The Explorers in Training! is a multi-sensory, wondrous adventure, where the audience get to help bring to life two stories, with dance, colour, sound and teamwork. The show is a fully inclusive interactive performance and is relaxed, engaging, accessible and fun.

The Explorers! performance was initially co-created with disabled children and hospital patients, and the current show is re-created with our emerging dancers on our bespoke Advance Training Programme.

The show is accessible for all to enjoy and suitable for children aged 3+, though babies have enjoyed it too!

It is well suited to libraries, galleries, museums, outdoor spaces, community spaces, pre-schools, SEND schools & settings, mainstream primary schools (up to Year 2), hospitals and hospices.

We adapt and change! With adequate notice, the performance can also be adapted to compliment a theme, festival, book suggestions of your choice, and we can make it more age appropriate for an older group for example.

➡ [Access the tour pack here.](#)



[watch the trailer here](#)



FRONTLINEdance is an artist-led company based in Stoke-on-Trent, placing disabled people and those with long-term health conditions at the core of our organisation as leaders, dancers, artists, and audiences. We do this with heart, skill, and inclusive practice, producing participatory and performance programmes in the community and in healthcare settings.

As makers we explore how we can create exciting, relevant, and thought-provoking contemporary dance with d/DEAF, visually impaired, disabled, neurodivergent audiences and hospital patients. We co-create across ages, backgrounds, and experiences, naturally integrating people together, reducing isolation, and improving physical, mental, and social health and well-being.

We are a not-for-profit organisation, established since 2001 and an Arts Council England National Portfolio Organisation 2023 - 2028, with funding thanks to taxpayers plays a huge part in supporting our work.



contact



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For further information and for bookings, please contact:

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